

INTERNSHIPS



How does academic credit apply to internships?

- Is an internship for credit required for your degree? — **No**
- What class credit do you receive for a qualified internship? — **INST 487**; can be used for International Studies elective or free elective
- How many hours must you work to earn internship credit? — **45 hours of work = 1 academic credit**
- What is the maximum number of credits you can receive for your internship? — **3 credits**
- Can your internship be paid? — **Yes**
- Are there any other restrictions or requirements? — **Must have sophomore standing or higher 2.0 GPA minimum**



Where have other international studies students interned?

- Posner Center Internships
- International Rescue Committee
- Immigrant and Refugee Center of Northern Colorado
- U.S. Department of State
- Various Law Firms
- Lutheran Family Services
- Rocky Mountains Refugee & Asylum Programs



INST Internships Webpage



Internships on Handshake



Job/Internship Search Toolkit

Who needs to be involved in an internship?

Intern/Student (aka YOU!)

You are responsible for finding your experience provider, completing work hours, and submitting assignments to your internship coordinator.

Experience Provider

This is the organization and/or supervisor who you will be interning with.

Internship Coordinator

This is the departmental faculty/staff member who will coordinate internship paperwork.

Dr. Meagan Todd

Internship Coordinator
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What are your next steps?

1

Find an internship! Use Handshake and the Job/Internship Search Toolkit for tips on topics such as:

"What Do I Want?"

"How Do I Find and Apply for This?"

2

Meet with Internship Coordinator to review internship site and requirements.

3

Complete Learning Agreement for final approval of internship.

4

Register for INST 487 on RamWeb

